





Outpatient Services At the core of Child Guidance Center's programs is outpatient counseling. Outpatient counseling consists of individual and family therapy, group therapy, and parental support. This service is available to all children, adolescents, and families who meet clinical criteria. Child Guidance Center operates four Outpatient offices located conveniently throughout Jacksonville and a fifth outpatient office located in Baker County at our Macclenny office.

**Psychiatric Services** Psychiatric services can be accessed through all programs at Child Guidance Center. Clients are provided the following services: Psychiatric Evaluation and Medication Management.

Case Management Services Targeted Case
Managers work with the child and the family to link them
with needed behavioral health services, while monitoring
and evaluating the services
they are receiving. Case Managers act as advocates for the
child and family.

# **Behavioral Health Care Network (BNET)**

Provides a coordinated, managed care system for children with special behavioral health needs and no other insurance.

# **Community Based Services**

# **Community Family Services**

Community therapists provide in-home and on-site therapeutic services to children, adolescents and their families having serious emotional problems. Services are provided to children and adolescents involved in the foster care system, as well as in the Duval County Public Schools.

**Family Services Planning Team (FSPT)** This team, chaired by Child Guidance Center staff, is responsible for coordinating community-based support services for

children who are at risk of losing their current home placement due to behavior attributed to emotional disturbance.

## Comprehensive Assessments

Licensed therapists in contracted positions provide Comprehensive Behavioral Health Assessments needed to determine placement and treatment decisions for children involved in the state's dependency care system.

# **School-Based Counseling Program**

**School Based Treatment (SBT) Program** In-school counseling and educational services are provided to students assigned to the Excel/EBD (Emotional Behavioral Disorder) Program in seven Duval County Public Schools.

**Full Service Schools Counseling** Individual, family, and group therapy sessions are provided at seven Full Service Schools Counseling and their feeder schools. This program also empowers parents to become actively involved in their child's education and emotional development.

# **Specialized Family Services**

**Day Care Consultation (Jacksonville Journey)** Provides onsite evaluation of children in subsidized daycare programs in collaboration with the Early Learning Coalition and Jacksonville Children's Commission.

Fetal Alcohol Spectrum Disorder (FASD) This program is funded by a grant from SAMHSA through Northrop Grumman. The Program provides a diagnosis, evaluation, and some intervention services, when necessary, to children in Child Guidance Center programs. The children are evaluated by a Licensed Clinical Social Worker, a Psychologist, an Occupational Therapist, a Speech Pathologist, as needed, and a Geneticist. There is also community education for both front line providers working with at risk families, and professionals.

# High Risk Newborn Program

The High Risk Newborn Program serves families with children under 2 who are at risk of abuse or neglect. The services provided include dyadic therapy with the primary caretaker and the child, family therapy, individual therapy, play therapy and case management. The specific services are determined by the family's needs. Services are delivered in the home setting.

**Prevention Services** Coordinates resources for children and families referred by the Integrated Practices Team of the Department of Children & Families and other community agencies.

**Supervised Visitation/Parent Education** Provides a safe and nurturing environment for children placed in foster care to visit with their parents and classes to improve parenting.

Rapid Response Team The Rapid Response Team's objective is to reduce the number of children hospitalized through the Baker Act and to ensure follow-up services are provided to the child after the crisis intervention episode. This is an aggressive and focused attempt to reduce the number of children placed under a Baker Act, which requires an evaluation for mental health hospitalization. The Rapid Response Team consists of licensed mental health professionals trained to intervene during critical periods in children's lives when they present a danger to themselves and/or to others. Referrals are accepted from Duval County Public Schools and from Foster Care Hot Lines.





The **School Support Services Contract** with DCPS, provides in-class behavioral support to students in the Pre-K VE (varying exceptionalities) and the Elementary BS (Behavioral Support) classes. Licensed therapists spend several hours each week implementing behavioral health strategies within the class activities while continuously assessing students and classroom environments. Techniques are modeled for teachers with the intent this same focus will continue throughout the students' assignments to those academic environments.

"I can up to therapy and not feel like I am being judged or disrespected and I am learning how to work on not being so anary all the time."

Joe, 17 — Terry Parker High School

The Jacksonville Journey Program provides mental health services for children who attend targeted child care centers in Health Zone 1 (downtown and northwest Jacksonville). Children are referred by Episcopal Children's Services Intervention Specialists who conduct the initial social-emotional screening. Services can be provided to the child and family either at the child care center or in the home.



# **BY GENDER**

Female	2,036
Male	3,006
Total	5,042*

#### BY RACE

African American American Indian/	2,170
Alaskan Native	5
Asian	331
Caucasian	2,165
Hispanic	303
Multi-Racial	32
Native Hawaiian/ Other Pacific	36
Total	5.042

#### BY AGE GROUP

DI AGE GITO	
0–3	381
4-5	380
6–8	1,029
9–12	1,315
13-17	1,467
18–21	174
Over 22	296
Total	5.042

# new beginnings for 5,042 clients...

Total	\$9,142,517*
Other	\$477,266
Client and Other Fees	\$21,315
Children's Medical Services	\$492,000
United Way	\$327,250
Duval County School Board	\$1,680,906
Jacksonville Children's Commission	\$840,172
State of Florida	\$989,402
Family Support Services	\$879,864
Medicaid	\$3,434,342

Total	\$8,725,091
Other	\$378,405
Subcontracted Services	\$237,455
Liability Insurance	\$98,977
Depreciation	\$58,814
Supplies & Equipment	\$250,713
Travel	\$153,983
Professional Services	\$520,790
Building	\$563,630
Personnel	\$6,462,424

Total:	100.0%
Psychotic Disorders	.81%
Post-Traumatic Disorders	6.97%
Other Disorders	5.44%
Disruptive Behavior Disorders	22.69%
Depressive Disorders	10.87%
Bi-Polar Disorders	2.10%
Attention-Deficit Disorders	29.10%
Anxiety Disorders	6.61%
Adjustment Disorders	15.41%

## **CHILD GUIDANCE CENTER EXECUTIVE STAFF**

Ms. Annette Vaida.

### **BOARD OF DIRECTORS**

## **BOARD MEMBERS**

## FOR MORE INFORMATION OR TO ACCESS SERVICES. PLEASE CALL ONE OF OUR FIVE OUTPATIENT LOCATIONS:

Arlington/

**Beaches** 

Baker Co. 92 West Lowder Street

Northside

**Southside** 5776 St. Augustine Road

Westside

Florida Relay (711) for the hearing impaired













